

CHIROPRACTIC INTAKE & HISTORY

PATIENT INFORMATION Patient Name _ Empoyer / School LAST NAME Occupation MIDDLE INITIAL Spouse's Name _ Address Spouse's Employer City _ State _____ Zip Code _ Spouse's Occupation Home Phone IN CASE OF EMERGENCY, CONTACT Cell Phone Name Email. Relationship Sex M F Age ____ Birthday. Contact Number _ ☐ Single ☐ Married ☐ Widowed ☐ Minor Who may we thank for referring you? ☐ Separated □ Divorced ☐ Partnered **HOW CAN WE HELP YOU?** What brings you in today? _ If you are already experiencing a symptom, what is it? How bad is it? How intense are your symptoms? (fill in the circle) 1 10 NO SYMPTOMS INTENSE SYMPTOMS Please circle the areas to the right where you have pain or other symptoms: What does it feel like? (Check where appropriate) ☐ Numbness ☐ Sharp ☐ Tingling ☐ Shooting ☐ Stiffness □ Burning ☐ Dull ☐ Throbbing ☐ Aching ☐ Stabbing □ Cramping ☐ Swelling □ Nagging ☐ Other _ **IMPACT OF YOUR SYMPTOMS** How is the symptom / condition interfering with your life? (check where appropriate) No Effect Mild Effect Moderate Effect Severe Effect No Effect Mild Effect Moderate Effect Severe Effect Work Energy Exercise **Attitude** Recreation **Patience** Relationships Productivity П П П П Sleep Creativity П Self-Care Other_ How committed are you to correcting this issue? (fill in the circle) 10

NOT COMMITTED VERY COMMITTED



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PATIENT WELLNESS ASSESSMENT

	ILLN	ESS-WELLNESS CON	TINUUM	
PRE-MATURE DEATH	DISEASE DEVELOPING	COMFORT ZONE (FALSE WELLNESS)	WELLNESS DEVELOPING	HIGH-LEVEL WELLNESS
0	1 2 3	4 5 6	7 8 9	10
DISEASE	POOR HEALTH	NEUTRAL	GOOD HEALTH	OPTIMAL HEALTH
Multiple MedicationsPoor Quality of Life	SymptomsDrug Therapy	No Symptoms Nutrition Inconsistent	Regular ExerciseGood Nutrition	100% FunctionContinuous Development
Potential Becomes Limite	ed • Surgery	Exercise Sporadic	Wellness Education	Active Participation
Body Has Limited Function	Losing Normal Function	• Health Not a High Priority	Minimal Nerve Interference	Wellness Lifestyle
ON THE ARROW DIAGE	RAM ABOVE:			
		th today?		
B. In what direction i	s your health currently heade	d?		
WHAT ARE YOUR HEAI	LTH GOALS?			
Immediate				
Short Term				
-				
CHILDREN & PRI				
How many children do	you have?	Number of pregnanc	ies:	
Childrens' Age(s):		Are you currently pre	egnant? 🗌 No 🗎 Yes 🗎	Yes, I'm due:
Childrens' health conce	erns:	Health concerns rego	arding this pregnancy?	
HEALTH & ILLNE	SS HISTORY			
☐ AIDS/HIV	☐ Cardiovascular Issues	☐ Elbow/Wrist/Hand Issues	☐ Hip Issues	☐ Scoliosis
☐ Alcoholism	☐ Cancer	☐ Endocrine Issues (Thyroid)	☐ Immune Issues	☐ Shoulder Issues
☐ Anxiety	☐ Circulation Issues	☐ Foot/Ankle Issues	☐ Lymphatic Issues	☐ Stroke
☐ Arteriosclerosis	☐ Childhood Illness	☐ Gout	☐ Multiple Sclerosis	☐ TMJ Issues
☐ Arthritis	☐ Depression	☐ Headaches/Migraines	☐ Neck Pain	☐ Urinary Issues
☐ Asthma/Allergies	☐ Diabetes	☐ Heart Disease	☐ Reproductive Issues	Osteoporosis
☐ Back Pain	☐ Digestive Issues (Constpiation/Diarrhea/GERD/IBS	☐ Hepatitis	☐ Ringing in Ears	Other
	(conseparation/blurmen/delta/lbs	,		
ALLERGIES, MED	DICATIONS & SUPPLE	MENTS		
Allergies (List)	Med	cations (List)	tions (List) Supplements (List)	
FAMILY HISTORY	Y RA He	art Disease Diabetes		
CURCERIES				
SURGERIES				
ACCIDENTS/TRAUMA				
AUMA				
Signature:		[Date:	