

PATIENT INFORMATION

Patient Name _____
LAST NAME

FIRST NAME MIDDLE INITIAL
 Address _____
 City _____ State _____ Zip Code _____
 Home Phone _____
 Cell Phone _____
 Email _____
 Sex ☐ M ☐ F Age _____ Birthday _____
☐ Married ☐ Widowed ☐ Single ☐ Minor
☐ Separated ☐ Divorced ☐ Partnered

Employer / School _____
 Occupation _____
 Spouse's Name _____
 Spouse's Employer _____
 Spouse's Occupation _____

IN CASE OF EMERGENCY, CONTACT

Name _____
 Relationship _____
 Contact Number _____
 Who may we thank for referring you?

HOW CAN WE HELP YOU?

What brings you in today? _____

If you are already experiencing a symptom, what is it? _____

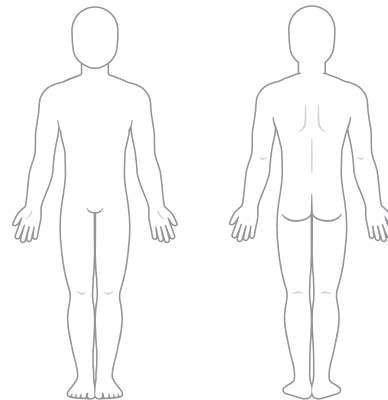
How bad is it? How intense are your symptoms? (fill in the circle)

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1	2	3	4	5	6	7	8	9	10
NO SYMPTOMS					INTENSE SYMPTOMS				

Please circle the areas to the right where you have pain or other symptoms:

What does it feel like? (Check where appropriate)

- | | | |
|-----------------------------------|--------------------------------------|-----------------------------------|
| <input type="checkbox"/> Numbness | <input type="checkbox"/> Sharp | <input type="checkbox"/> Tingling |
| <input type="checkbox"/> Shooting | <input type="checkbox"/> Stiffness | <input type="checkbox"/> Burning |
| <input type="checkbox"/> Dull | <input type="checkbox"/> Throbbing | <input type="checkbox"/> Aching |
| <input type="checkbox"/> Stabbing | <input type="checkbox"/> Cramping | <input type="checkbox"/> Swelling |
| <input type="checkbox"/> Nagging | <input type="checkbox"/> Other _____ | |



IMPACT OF YOUR SYMPTOMS

How is the symptom / condition interfering with your life? (check where appropriate)

	No Effect	Mild Effect	Moderate Effect	Severe Effect		No Effect	Mild Effect	Moderate Effect	Severe Effect
Work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Attitude	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Recreation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Patience	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Productivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Creativity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Self-Care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How committed are you to correcting this issue? (fill in the circle)

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1	2	3	4	5	6	7	8	9	10
NOT COMMITTED					VERY COMMITTED				

PATIENT WELLNESS ASSESSMENT



ON THE ARROW DIAGRAM ABOVE:

- A. What number do you think represents your health today? _____
- B. In what direction is your health currently headed? _____

WHAT ARE YOUR HEALTH GOALS?

Immediate _____

Short Term _____

Long Term _____

CHILDREN & PREGNANCY

How many children do you have? _____ Number of pregnancies: _____

Childrens' Age(s): _____ Are you currently pregnant? ☐ No ☐ Yes ☐ Yes, I'm due: _____

Childrens' health concerns: _____ Health concerns regarding this pregnancy? _____

HEALTH & ILLNESS HISTORY

- | | | | | |
|---|---|---|--|--|
| <input type="checkbox"/> AIDS/HIV | <input type="checkbox"/> Cardiovascular Issues | <input type="checkbox"/> Elbow/Wrist/Hand Issues | <input type="checkbox"/> Hip Issues | <input type="checkbox"/> Scoliosis |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Cancer | <input type="checkbox"/> Endocrine Issues (Thyroid) | <input type="checkbox"/> Immune Issues | <input type="checkbox"/> Shoulder Issues |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Circulation Issues | <input type="checkbox"/> Foot/Ankle Issues | <input type="checkbox"/> Lymphatic Issues | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Arteriosclerosis | <input type="checkbox"/> Childhood Illness | <input type="checkbox"/> Gout | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> TMJ Issues |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Depression | <input type="checkbox"/> Headaches/Migraines | <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Urinary Issues |
| <input type="checkbox"/> Asthma/Allergies | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Reproductive Issues | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Back Pain | <input type="checkbox"/> Digestive Issues
(Constipation/Diarrhea/GERD/IBS) | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Ringing in Ears | <input type="checkbox"/> Other _____ |

ALLERGIES, MEDICATIONS & SUPPLEMENTS

Allergies (List)	Medications (List)	Supplements (List)
_____	_____	_____
_____	_____	_____
_____	_____	_____

FAMILY HISTORY ☐ RA ☐ Heart Disease ☐ Diabetes

SURGERIES _____

ACCIDENTS/TRAUMA _____

Signature: _____ Date: _____